

# Halloween Checklist

Halloween is a night of excitement, mischief and adventure. The one night to boo-st your imagination and have a wicked fun time. Whether you're the Count lurking at night or a Mummy trying to keep her wraps together, it's easy to get caught up in all the costumes and party planning. When your little ghouls are planning to hit the streets for some tricks or treats, here are some Halloween safety tips to make sure they have a spook-tacular good time!

## Street Safety

### Make sure your mates follow the map

Discuss the route and neighborhoods the kids plan to visit. Be sure to get a list of names and their parent's contact info.

### Howl-back often

Keep in contact and have a time to check in with a text.

### Avoid dragon flames

Jack-o lanterns can be very creative and fun to look at, but remind kids to stay a safe distance away from lit pumpkins.

### No flying away on broomsticks or chatting with ghosts

Talk about the importance of not accepting rides from those they don't know or conversing with strangers.

### Always stay with your wolf pack

Never wander off alone and always stay with the group.



### Be wary of haunted houses

Some houses can have quick walk-through "haunted houses." Talk to your kids about only visiting houses they are familiar with, check in with you and never go alone.

### Remind your ghosts they aren't transparent

Although the streets may be full of other trick or treaters, remind them to always keep on the sidewalk, look before crossing the roads, walk — don't run — and be careful with cars pulling out of driveways.

### Screech if you feel creeped

Give kids a whistle to wear and use if they need to call for help.

### Beware of graveyards

Only visit houses that are well lit.

### Hydrate your pumpkins

Kids can get dehydrated when walking long distances in costumes. Be sure to add a bottle of water to their candy bag for a quick sip on the go.

## Costumes

### It's fun to glow in the dark

Make costumes easily visible by adding reflective tape or stickers. Give kids handheld flashlights or glowstick necklaces to wear.

### Wear suits of armor

Buy costumes and accessories (hats, beards, wigs, etc.) that are labeled "flame resistant."

### Play it safe like the Incredibles

Pick well-fitting costumes and comfortable shoes to walk in. Choose non-toxic face paint or makeup whenever possible, masks can obstruct their views. Make sure oversized hats, helmets, or headpieces won't interfere with their vision.



## Candy

### Inspect the loot

Before kids dive into their goodies, have them wait until it's all been inspected. Discard anything slightly or not completely wrapped. If your child is allergic to nuts, double check all treats carefully before they dig in. Put a limitation of the amount they can eat.



Adrianna C. Ruiz  
407.808.6047  
Adrianna@titleteamfl.com

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